

## Basic Ground Team Packing List

### **On Your Person**

- Notepad and Pencil
- Watch
- Handkerchief or Tissues
- Vest, Reflective Orange
- Comb or Brush (Optional)
- Ground Team Member's Handbook
- Signal Mirror
- Whistle
- Pocket or Utility-Type Knife

### **Day Pack (webbed gear or other SAR/Survival Vest) Containing:**

- First Aid Kit (stored in zip-lock bag or other waterproof container) Containing:
  - 2 Antiseptic Cleansing Pads
  - Antiseptic Ointment
  - 6 Band-Aids, various sizes
  - Moleskin, "2 by "4
  - Roller Bandage
  - 2 Safety pins, Large
  - 4 Gauze Pads
  - 1 Triangular Bandage
  - First Aid Tape
  - Any Personal Medication (Notify your team leader is applicable)
  - Rubber Surgical Gloves (Two pair minimum)
- Survival Kit (Stored in Zip-Lock bag or other waterproof container) Containing:
  - Duct Tape, 5-10 feet (Does NOT need to be a whole roll)
  - Leaf Bag, Large
  - 12 Wooden Matches
  - Match Container, Waterproofed with striking surface
  - 1 Chemical Light Stick
  - 50' of nylon line (paracord or similar line)
- SAR Equipment (Stored in Zip-Lock bags) Containing:
  - Change of Socks
  - Flagging Tape, 1 Roll
  - Flashlight, with spare bulb and batteries
  - Spare Flashlight
  - Insect Repellent
  - Lip Balm, with Sunscreen
  - Sunscreen
  - Tissue Paper
  - Work Gloves, Leather
  - Interviewing Forms, Blank
  - 4 Moist Towelettes
  - Change for Phone Calls

- 2 Meals
- Shelter Materials, Preferably 8' by 10' (Spare military ponchos meets the need)
  - Coat for Appropriate Climate
  - Poncho
  - Canteens to carry 2 quarts of water
  - Compass (Lensatic or Orienteering)